BREAKFAST MENU

Create your own:
White / brown toast 0.11
Sourdough / granary bloomer 0.55
Cumberland sausage | English back bacon | 0.55
black pudding | potato hash
Thyme roasted plum tomato | Portobello mushroom | wilted
spinach | baked beans | 0.27
fried egg | poached egg | scrambled egg
Avocado 0.43
Smoked salmon 1.13

Omelette – choose two fillings from the following: 1.73
Baby leaf spinach | tomato | mushroom | onion
Wiltshire ham | West Country Cheddar

Egg & soldiers 1.13
Classic / Skinny porridge 0.43
Buckwheat porridge 1.26

Live Well special
Hot smoked salmon with rocket pickled cucumber, shaved
fennel and Greek yoghurt on a brown bloomer 2.84

Breakfast special
Shakshouka – Chorizo peppers onion and a poached egg in a
spiced tomato sauce with flat bread. 3.41
SOFT DRINKS

Priory still or Highland sparkling water 330ml 1.21
Coca-Cola Bottle 330ml 1.10
Diet / Zero Coke Bottle 330ml 1.63

Belvoir
Cucumber & Mint 250ml 1.63
Elderflower 250ml 1.63
Light Raspberry Lemonade 250ml 1.63

Fentimans
Mandarin & Seville Orange Jigger 275ml 1.63
Rose Lemonade 275ml 1.63

Freshly squeezed orange juice or grapefruit juice 0.86

HOT DRINKS

Americano, espresso or macchiato
Café latte, chai latte, cappuccino or mocha Flat White
Hot Chocolate
58%, 70%, 82% Cocoa Chocolate
White hot chocolate
Sencha Green / Peppermint / Camomile Tea Lemon & Ginger / Earl Grey / Black Tea
Artisan bread selection, balsamic vinegar, olive oil 1.10

4 oz Sirloin steak, hollandaise sauce, watercress, scorched tomato and petit ratatouille 4.55
Lamb rump, celeriac puree, savory granola and crispy kale 4.55

Sea bream with potted shrimps, fennel salad and pomme puree 3.85
Salmon fillet, camembert bon bon, red pepper textures and basil oil 3.85

Beetroot tartare, coconut cream, golden beetroot gel (VE) 3.25
Warm pressed leek terrine, vegan cream cheese and melba toast (VE) 3.25

Maris piper and cheddar gnocchi with root vegetables (V) 3.25
Charred butternut squash cake puree, pumpkin caviar and crisps (V) 3.25

Fine beans with crispy shallots 1.10
Charred tender stem broccoli and toasted almonds 1.10
Sauté potatoes 1.10

Chocolate bread and butter pudding with chocolate custard 2.05
Caramel panna cotta with cherry compote and fresh berries 2.05
Selection of cheeses, chutney and biscuits 2.05
**Date:** 09/01/2020  
**Shift/Service:** Breakfast

<table>
<thead>
<tr>
<th>Product</th>
<th>Supplier AND/OR Manufacturer</th>
<th>Cereals containing gluten (e.g., wheat, barley, rice, oats, kamut, spelt)</th>
<th>Crustaceans</th>
<th>Eggs</th>
<th>Fish</th>
<th>Peanuts</th>
<th>Soya beans</th>
<th>Milk</th>
<th>Nuts (Specify Type)</th>
<th>Celery</th>
<th>Mustard</th>
<th>Sesame</th>
<th>Sulphites</th>
<th>Lupin</th>
<th>Molluscs</th>
<th>Signed</th>
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<tbody>
<tr>
<td>Shakshouka - Chorizo peppers onion and a baked egg in a spiced tomato sauce with flat bread</td>
<td>H.M.</td>
<td>Wheat</td>
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<tr>
<td>LW - Hot smoked salmon with rocket, pickled cucumber, fennel &amp; Greek yoghurt on a brown bloomer</td>
<td>H.M.</td>
<td>Wheat</td>
<td>x</td>
<td>x</td>
<td></td>
<td></td>
<td>Nuts</td>
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Checked by: ..........................  Signed: ..........................

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*IMPORTANT INFORMATION*

Please note that our allergen information with regards to all menu items here at Sky are updated daily at 11:30 hours and published on [Exodis](http://www.exodis.com). This is to ensure complete accuracy of the information provided. We do however ask you to take responsibility to inform a Gather & Gather team member of any special dietary requirements including allergies or intolerances that you may have. This is due to various circumstances which may arise out of our control following our publication at 11:30. At Gather & Gather adheres to strict controls with all our ingredients, ensuring your health & wellbeing. **We look forward to assisting you.**